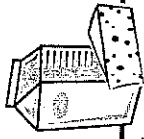




June 2010

Vernon School Lunch Menu-Elem.

June is Dairy Month!!!



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Popcorn Chicken Oven Fries Mixed Vegetables Fruit Low Fat Milk or Toasted Cheese Sandwich	2 Ham, Egg & Cheese Sandwich Potato Puffs Carrots Fruit Low Fat Milk or Fun Fish	3 Sloppy Joe on Wheat Roll Curly Fries Peas Sherbet Low Fat Milk or Mozzarella Sticks	4 Cheese Pizza Garden Salad w/ Spinach Lite Dressing Fruit Low Fat Milk or Manager's Choice
7 Chicken Patty on Wheat Roll Oven Fries Carrot Sticks Fruit Low Fat Milk or Tuna Boat	8 Cheese Quesadilla w/ Salsa Green Beans Fruit Low Fat Milk or Corn Dog Nuggets	9 Chicken Styx Potato Puffs Mixed Vegetables Fruit Low Fat Milk or BBQ Beef on Wheat Roll	10 Pasta w/ Meatballs Whole Wheat Bread Stick Corn Shape Up Bar Low Fat Milk or Popcorn Chicken	11 Cheese Pizza Garden Salad w/ Spinach Lite Dressing Fruit Low Fat Milk or Manager's Choice
14 Mozzarella Sticks Noodles w Sauce Broccoli Fruit Low Fat Milk or Manager's Choice	15 Crispy Chicken Wrap w/ Lettuce, Ranch Carrot Sticks Fruit Low Fat Milk or Manager's Choice	16 Hot Dog on Wheat Roll Potato Puffs Peas Fruit Low Fat Milk or Manager's Choice	17 French Toast Sticks Sausage Fruit Juice Fruit Low Fat Milk or Manager's Choice	18 Cheese Pizza Garden Salad w/ Spinach Lite Dressing Fruit Low Fat Milk or Manager's Choice
21 Chicken Nuggets Potatoes Hot Vegetable Fruit Low Fat Milk or Manager's Choice	22 Pizza Hot Vegetable Fruit Low Fat Milk or Manager's Choice	23 Last Day of School Breakfast is Served No Lunch	24 Have a safe and healthy summer!!!	25
28	29	30		

Skim, Low Fat, and flavored LF Milk served with all meals**Menus Subject to Change**Vegetarian Meals Offered**Price: \$2.00/day \$32.00/month (June- 16 days)

Yogurt & Muffin or Cheese Sticks & Muffin Lunch available daily*No Charge Policy in cafeteria*Substitute help is needed in the cafeterias- call 860 870-6000x152 for more info