

# **Instruction**

## **Family Life Education**

**6142.1**

Family Life Education is intended to help students acquire knowledge, attitudes and values which will contribute to the well-being of individuals, families and society. Family life education shall:

1. provide instruction in family planning, human sexuality, parenting, and nutrition;
2. include the emotional, physical, psychological, hygienic, economic, and social aspects of family life;
3. enable students to discuss family issues effectively, including willingness and ability to listen, and to respond with openness, frankness
4. discuss the need for students to develop and demonstrate mutual respect and love for family members.

Helping students attain a mature and responsible attitude toward human sexuality is a continuous task of every generation. Parents have the primary responsibility to assist their children in developing moral values. Schools will attempt to support and supplement parental efforts through offering factual information and student opportunities for discussion of concerns, issues, and attitudes in sexual behavior, including traditional values.

Students, parents or guardians shall be informed of their right to exempt the student from the Family Life program.